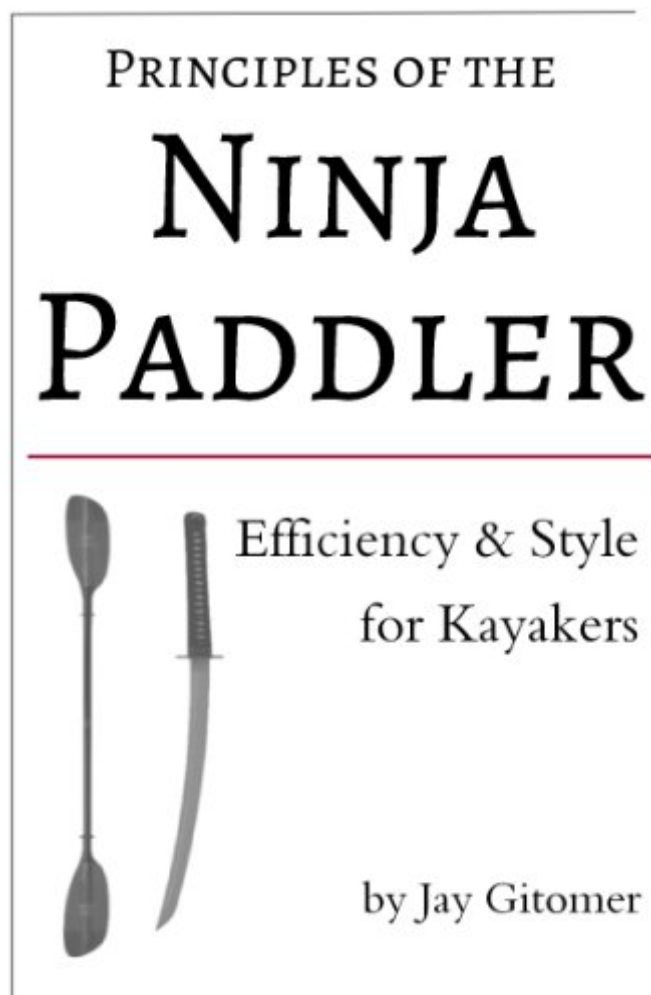


The book was found

Principles Of The Ninja Paddler - Efficiency & Grace For Kayakers



Synopsis

You know all the kayak strokes but your paddling could be more polished and easy. Principles of the Ninja Paddler will help you make your boat dance by shining light on the concepts of efficiency and grace for kayakers. Each principle is explained clearly and is tied to a practical application. Recommendations for practices are also provided. Transform your paddling by applying the concepts of the Ninja Paddler.

Book Information

File Size: 369 KB

Print Length: 16 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 8, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00GKRFS4U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #181,270 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #30

in Kindle Store > Kindle Short Reads > 30 minutes (12-21 pages) > Sports & Outdoors #57

in Books > Sports & Outdoors > Outdoor Recreation > Kayaking #141 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Water Sports

Customer Reviews

makes a lot of sense, things I had not even thought about, will definitely incorporate these tips in future paddles!

This book has many helpful hints. The information that I gain from the book will make me a better kayaker.

If you love to paddle, you will enjoy this read by Jay Gitomer!

very valuable insights

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